

Detox Support Lightwork Protocol

(Based on Pranic Healing techniques by Master Choa Kok Sui)

- 1. Invoke and cut cords**
- 2. Start cleansing the organs:** Project LWG (light whitish green) into front and back solar plexus chakras with intention to cleanse organs.
- 3. Clear the biofield:** Sweep the field with LWG
- 4. Cleanse the blood:** Protect the heart organ with envelope of light blue, then project LWG into the back of the lungs avoiding the head. Then project light whitish orange into the back lungs while avoiding the head.
- 5. Finish cleansing the organs:** Sweep back and front SP with LWG
- 6. Clear the elimination pathways:** Sweep liver, lungs, skin with LWG, then LWV.
- 7. Support the lymphatic system:** Sweep the throat chakra with LWG, then LWV. Energize with LWG, (optional LWB) then LWV.
- 8. Support physical body healing:** Sweep front and back base chakra with LWG (alternate with LWO if needed), then energize if needed with LWG, then light whitish violet (or light whitish red if tolerated, but DO NOT use both), then stabilize the energy with LWB.
- 9. Clear other tissues or chakras of the body:** Clear any other tissues or chakras related to specific symptoms. Use LWG (possibly LWO if safe) for cleansing. Do not use LWO on delicate organs or upper chakras. All areas may be cleared with LWG and energized with LWV. If there is any pain or infection, also energize with LWB. (Advanced technique for pain/infection: Sweep with light whitish greenish blue, then energize with LWGB, let it sit for a few minutes, then repeat sweeping with LWGB and energizing with LWGB 2 or 3 more times. This combo is very powerful, so use it carefully.)
- 10. Bring in more vital energy:** Sweep the front and back spleen chakra with LWG, then energize very gently and carefully if needed with LWG and LWV. (Do not stabilize the energy.) Sweep front and back navel chakra with LWG (or LWO) energize the front navel with LWG, then LWV (or LWR if tolerated) and stabilize with LWB.

- 11. Boost T-cell production:** Sweep front and back heart chakra with LWG, energize the back heart chakra with LWG, then LWV with intention to send energy to thymus gland.
- 12. Activate master chakra/gland:** Sweep front and back head chakra with LWG, then energize with LWG then LWV with intention to send energy to the pituitary gland. (Advanced technique: energize head chakra with electric violet and instruct the chakra to balance all endocrine glands.)
- 13. Boost white blood cell production:** Sweep the arms and legs with LWG, sweep the palm and sole chakras with LWG, then energize with LWV (or LWR) with the intention of boosting white blood cell production in the bones of the arms and legs.
- 14. Harmonize chakras and field, shield, and seal the process.**

Notes: Scan frequently to see what treatment options and colors are appropriate. When projecting energy, scan frequently to see how much more to add. **When in doubt, use white.** If you over-energize an area, sweep out the excess energy. A good rule of thumb is energize with LWG first, then whatever other color is indicated. When short on time, you can just do the first 8 (or 9) steps and the last one. You can optionally use the scan/ invoke tool to complete steps quickly when short on time. Happy Healing!